



Shajar Learning Foundation

The Islamic Guide to Parenting

Nurturing the Next Generation



Copyright © 2024 Shajar Learning Foundation
All Rights Reserved.

No part of this eBook may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except for brief quotations used in reviews and certain non-commercial uses as permitted by copyright law.

For permissions or inquiries, please contact:

Shajar Learning Foundation

Email: shajarlearning@gmail.com

Website: shajarlearning.com

Disclaimer:

The content of this eBook is for informational and educational purposes only. The author and publisher have made every effort to ensure the accuracy of the information herein. However, they assume no responsibility for errors or omissions, or for any outcomes related to the use of this material.

Introduction

Purpose of the Book :

Briefly discuss the importance of parenting in Islam and how it impacts the future generations.

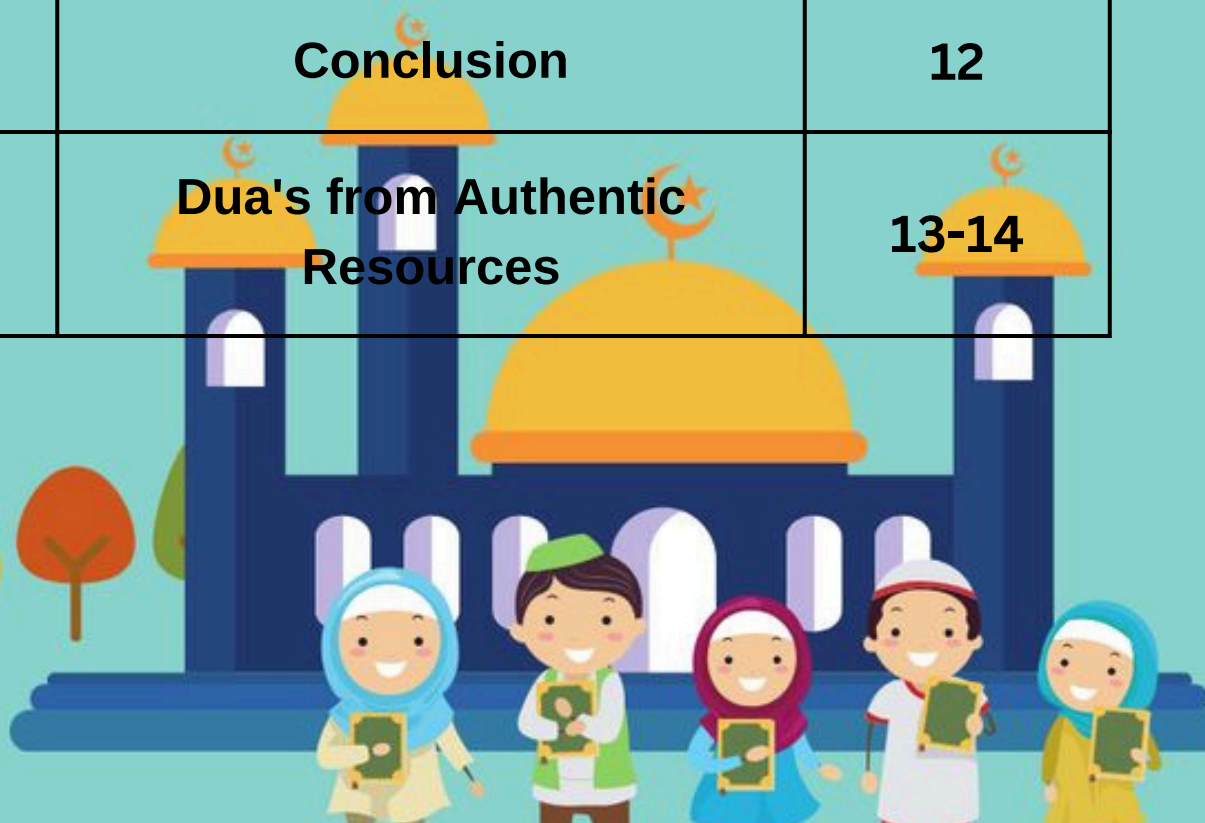
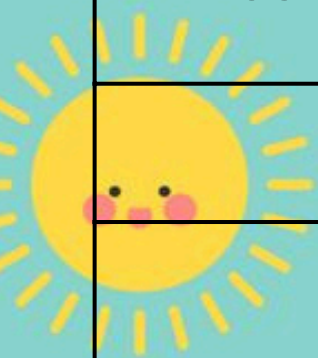
Why Islamic Parenting? :

The significance of raising children according to Islamic values.



Contents

CHAPTER NO.	CONTENTS	PAGE NO.
01	The Role Of Parents In Islam	01-02
02	Instilling Faith from a Young Age	03-05
03	Nurturing Good Character (Akhlaq)	06-07
04	Balancing Discipline and Compassion	08-09
05	Challenges of Modern Parenting	10-11
	Conclusion	12
	Dua's from Authentic Resources	13-14



Chapter 1: The Role of Parents in Islam

Parents as Shepherds:

"Each of you is a shepherd, and each of you is responsible for his flock..."

(Sahih al-Bukhari, 893; Sahih Muslim, 1829)

Rights and Responsibilities:

Outline the basic rights of children as mentioned in Islam. One of the primary rights is the right to be raised in the best manner, which includes education, health, and Islamic upbringing.



**"And do not kill your children for fear of poverty. We provide for them and for you. Indeed, their killing is a great sin."
(Qur'an, 17:31)**

Quranic and Prophetic Guidance:

**"O you who have believed, protect yourselves and your families from a Fire whose fuel is people and stones..."
(Qur'an, 66:6)**

The Prophet (PBUH) emphasized teaching children good conduct, saying:

**"No father gives a child anything better than good manners."
(Sunan al-Tirmidhi, 1952)**

Chapter 2: Instilling Faith from a Young Age

Understanding Tawhid (Oneness of Allah)

Teaching children about the oneness of Allah and building their connection to Him.

"And [mention, O Muhammad], when Luqman said to his son while he was instructing him, 'O my son, do not associate [anything] with Allah. Indeed, association [with Him] is great injustice.'"

(Qur'an, 31:13)

La ilaha illa Allah
لا إله إلا الله

Introduction to Salah and other Pillars of Islam

The Prophet (PBUH) said:



"Instruct your children to pray when they are seven years old, and when they reach the age of ten, discipline them for [not praying]."

(Sunan Abu Dawood, 495)



Practical Ways to Connect with the Quran

The importance of encouraging children to love and read the Quran is highlighted in this hadith:

"The best of you are those who learn the Qur'an and teach it."

(Sahih al-Bukhari, 5027)



Chapter 3: Nurturing Good Character (Akhlaq)

The Prophetic Model of Parenting

The Prophet Muhammad (PBUH) treated children with mercy and respect, making them feel loved and valued:

"Whoever does not show mercy to our children, nor acknowledge the right of our elders, is not one of us."

(Sunan Abu Dawood, 4943)

Teaching Respect, Gratitude, and Humility.

The Qur'an emphasizes the importance of gratitude and humility.



♥ALHAMDULILLĀH♥

"And We have enjoined upon man [care] for his parents. His mother carried him, [increasing her] in weakness upon weakness, and his weaning is in two years. Be grateful to Me and to your parents; to Me is the [final] destination."

(Qur'an, 31:14)

Importance of Role Modeling

Children observe their parents' behavior. If parents embody good manners and faith, children are more likely to follow. The Prophet (PBUH) was the best example for the believers:

"Indeed, in the Messenger of Allah you have an excellent example..."

(Qur'an, 33:21)

Chapter 4: Balancing Discipline and Compassion

The Islamic Approach to Discipline

The Prophet (PBUH) encouraged gentleness in all matters:

"Allah is gentle and loves gentleness in all things."

(Sahih Muslim, 2593)

Setting Boundaries and Rules

"And cooperate in righteousness and piety, but do not cooperate in sin and aggression.

And fear Allah; indeed, Allah is severe in penalty."

(Qur'an, 5:2)



Mercy Over Punishment

Mercy is a central theme in Islam, especially when dealing with children. The Prophet (PBUH) would often show mercy and patience toward children:

"A man kissed his child in front of the Prophet (PBUH), and another man said: 'I have ten children and have never kissed one of them.' The Prophet (PBUH) replied: 'Whoever does not show mercy will not be shown mercy.'"

(Sahih al-Bukhari, 5997)



Chapter 5: Challenges of Modern Parenting

Navigating Technology and Media

The Prophet (PBUH) warned about the importance of vigilance:

"Each of you is a shepherd, and each of you is responsible for his flock..."

(Sahih Muslim, 1829)

Peer Pressure and Identity

Instilling a strong Islamic identity is crucial, and the Qur'an encourages believers to take pride in their faith:

"And who is better in religion than one who submits himself to Allah while being a doer of good and follows the religion of Abraham, inclining toward truth?"

(Qur'an, 4:125)

Supporting Your Child's Emotional Needs

The Prophet Muhammad (PBUH) was known for his emotional intelligence and the way he comforted children.

He was patient, understanding and treated their emotions with care:



"The Prophet (PBUH) was the best of people in character, and I never touched silk or anything else that was softer than the palm of the Prophet (PBUH), nor did I ever smell any musk or perfume that was better than the fragrance of the Prophet (PBUH)."

(Sahih al-Bukhari, 3569)

Conclusion

Making Dua and Trusting in Allah's Plan

Importance of Constant Dua for Your Children:

"My Lord, enable me to be grateful for Your favor which You have bestowed upon me and upon my parents and to do righteousness of which You approve. And make righteous for me my offspring."

(Qur'an, 46:15)

Trusting in Allah's Plan

(PBUH) taught that we should never lose hope in Allah's mercy:

"And whoever relies upon Allah – then He is sufficient for him."

(Qur'an, 65:3)

Dua's from authentic resources

1. For Parents to make for their Children:

**"رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ
دُعَاءِ"**

**"Rabbi aj'alni muqim as-salati wa min
dhurriyati, Rabbana wa taqabbal du'a."**

Translation: "My Lord, make me an establisher of prayer, and [many] from my descendants. Our Lord, and accept my supplication." (Qur'an, 14:40)

2. For Parents:

"رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا"

"Rabbir hamhuma kama rabbayani saghira."

Translation: "My Lord, have mercy upon them as they brought me up [when I was] small." (Qur'an, 17:24)

3. For Protection and Well-being of Children:

**"أَعِيذُكُمْ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ
وَهَامَّةٍ وَمِنْ كُلِّ عَيْنٍ لَامَّةٍ"**

**"U'eedhukumā bikalimātillāhi tāmmati min
kulli shayṭānin wa hāmmah, wa min kulli
'aynin lāmmah."**

Translation: "I seek refuge for you both in the perfect words of Allah from every devil, harmful thing, and every envious eye." (Sahih al-Bukhari)



Shajar Learning Foundation



Shajar Learning Foundation

Website - www.shajarlearning.com

Email - shajarlearning@gmail.com

Contact - +918335063475