



The Jar of Prioritise

SHAJAR LEARNING FOUNDATION



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 shajar_parenting

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The Jar of Prioritise

Once upon a time, a wise teacher gathered a group of parents and placed a large glass jar on the table in front of them. Beside the jar, there were three items: big rocks, pebbles, and sand.

The teacher smiled and said, "This jar represents your life as a parent. Let's see if you can fill it

One of the parents began by pouring in the sand, followed by the pebbles, and then tried to add the big rocks. But there was no room for the rocks—they spilled over.



The teacher gently said, "Now, let me try."

He placed the big rocks in the jar first, then added the pebbles, shaking the jar so they settled into the gaps. Finally, He poured the sand, which trickled down and filled the remaining spaces.

The jar was now full.

He looked at the group and explained, "The big rocks are your priorities—your faith, your children, and the time you spend with them. The pebbles are the important but secondary things, like work or chores. The sand is the small stuff that often distracts us, like social media or unnecessary worries. If you put the sand first, there's no room for the big rocks. But if you focus on the big rocks, everything else will find its place."

The parents nodded, realizing the wisdom of his words.

Parenting Takeaway:

Prioritize what truly matters in your parenting journey—your children's upbringing, their connection to Allah, and the values you instill. Everything else will naturally fall into place.

